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Abstract

Background: Dementia, with Alzheimer's disease (AD) being the most common type of this neurodegenerative disease, is an under-diagnosed health problem in older people. The creation of classification models based on AD risk factors using Deep Learning is a promising tool to minimize the impact of under-diagnosis.

Objective:To develop a Deep Learning model that uses clinical data from patients with dementia to classify whether they have AD.

Methods: A Deep Learning model to identify AD in clinical records is proposed. In addition, several rebalancing methods have been used to preprocess the dataset and several studies have been carried out to tune up the model.

Results: Model has been tested against other well-established machine learning techniques, having better results than these in terms of AUC with alpha less than 0.05.

Conclusions: The developed Neural Network Model has a good performance and can be an accurate assisting tool for AD diagnosis.

Keywords: Dementia; Alzheimer's Disease; Deep learning; Machine learning; Prediction.

1 Introduction

Dementia, due to its clear link with the process of population ageing, currently represents a major problem, both in terms of prevalence and social repercussions, although the cause of this neurodegenerative pathology remains unknown [1, 2]. Specifically, Alzheimer's disease (AD) is the most prevalent type, representing 60 - 70% of all elderly people with dementia [3, 4].

At the same time, AD under-diagnosis is a prominent reality, especially in this population group, affecting more than 60 % of the senior population,

distributed unevenly across low and high-income countries [5, 6, 7]. This underdiagnosis is not only due to a lack of knowledge of its aetiology, given that several modifiable and non-modifiable factors have been identified as contributing to its onset, but especially to the trivialisation of the first symptoms, which are often incorrectly attributed to the ageing process, leading to delays in seeking health care. In addition, the inherent challenges associated with distinguishing this neurodegenerative pathology from other diseases, such as depression, coupled with the limited training and reluctance of healthcare professionals, can significantly contribute to delays in the diagnostic process [8, 9].

Consequently, the implementation of early diagnosis strategies is essential. Given that a number of modifiable and non-modifiable factors have been identified as contributing to its onset, like diagnosis of depression, lifestyles, age, sex, etc, most of them collected in patient's clinical history, makes these records useful tool for predicting patients susceptible to develop dementia and, specifically, AD [10].

In this sense, the use of Machine Learning techniques, specifically, Deep Learning, presents itself as a promising tool, as they can process large amounts of data efficiently and learn complex patterns that may go unnoticed by healthcare professionals. In fact, Machine learning techniques have been previously used to detect this type of dementia, although mainly based on the recognition of neuroimaging scans. Specifically Support Vector Machines (SVM) have been used to classify medical brain images [11] and SVM with convolutional neural networks have been also used to classify brain images and predict AD in the general population [12].

Furthermore, previous studies have utilized various patient features to develop predictive models through machine learning techniques for early dementia detection [13]. Likewise, in other domains of medical science, Deep Learning has been employed to handle clinical data. For instance, in 2021, a model was developed to predict mortality in COVID-affected patients in [14]. It has also been used to study medical images [15].

In Alzheimer's disease (AD), Deep Learning manifests in two primary ways: models tailored for image recognition and those designed for the exploration of biomarkers [16]. While some studies have sought to predict dementia development in the general population [17], an exploration of the clinical records of patients using this methodology has been notably absent.

This study fills this gap by aiming to construct a Deep Learning model capable of processing clinical data from dementia patients, facilitating the accurate classification of the presence or absence of AD. Through this approach, we attempt to contribute to the early diagnosis and management of this pervasive neurodegenerative ailment.

The main contribution of this study is to propose a deep learning model for the diagnosis of AD that only uses clinical data from the patient as input.

2 Methods

2.1 Dataset description ad preprocess

The study subjects were elderly people, aged 65 years or older, with a medical diagnosis of dementia or AD with a score between 5 and 7 on the Global Deterioration Scale (GDS) and who had been in the dementia care process for at least 3 months.

The study collected a comprehensive set of variables from the patients' clinical records, encompassing sociodemographic information such as gender and age, details regarding the diagnosis and type of neurodegenerative disease, scores from the Global Deterioration Scale (GDS), extensive medical history including conditions like type 2 diabetes mellitus, dyslipidemia, depression, anxiety, and more, prescribed treatments, and the assessment of their level of independence in basic daily activities, as measured by the Barthel Index. Additionally, the diagnosis and classification of neurodegenerative diseases, as well as other medical conditions such as type 2 diabetes mellitus, dyslipidemia, depression, and anxiety, were carried out in accordance with the definitions provided by the International Classification of Diseases, 11th Revision (ICD-11).A detailed description of the variables can be found in Appendix I.

The dataset used in the current work has 100 patterns. Each pattern corresponds with the clinical data of one patient diagnosed with dementia and it is composed of 140 attributes corresponding to different items of their clinical report. The clinical report attributes serve as the input for the initial layer of the Neural Network, as illustrated in Figure 1.

Attributes of the datasets belong to several domains: there are 53 positive integer attributes, 87 Boolean attributes and one real attribute. Boolean attributes have been binarized, with 0 being equivalent to false and 1 to true.

A positive class indicates that the diagnosed dementia is due to AD and a negative one indicates another type of dementia (like vascular, degenerative, mixed dementia, primary degenerative mixed or Lewy dementia).

Positive and negative examples are unbalanced, exhibiting a 76% and 24% percentage in each class. This is common in clinical databases since they are typically focused on patients with one specific disease [18]. It can be considered intrinsic and relative imbalance and may amplify hinder learning of the classifier, according to [19]. Therefore, it is reasonable to preprocess the dataset by applying a rebalancing method to compensate for it.

There are many different rebalancing techniques [19], but we have focused on a few of the most used in classification problems: Random oversampling, NearMiss and SMOTE + TOMEK

Random oversampling generates copy patterns of the sub-represented class to rebalance the entire dataset [19]. In the same way, random undersampling could be used but implies many information losses. Instead of this, NearMiss has been used as an undersampling method. It selects examples based on the distance between majoritarian class examples to minoritarian class examples, trying to identify redundant examples for deletion [19].



 $\mathrm{SMOTE} + \mathrm{TOMEK}$ [20] is a more elaborated rebalance strategy that works in the boundaries between classes. The SMOTE technique interpolates new examples of the minoritarian class among a line that connects two of them. On the other hand, TOMEK is an undersampling method that keeps the examples of the majoritarian class with less Euclidean distance from the minoritarian class. To sum up, SMOTE+TOMEK generates new examples using SMOTE and removes them if the new examples affect the border between classes.

2.2 Neural Network Design

Deep learning is part of machine learning methods, and it is based on using deep neural networks (DNN) to generate models of feature learning [21]. Artificial Neural networks are made of several layers, composed of artificial neurons, that are connected to neurons of the next layer in the same way that synapses work in a human-like nervous system. There is one input layer that receives the input features, one or more hidden layers, and an output layer that generates the output of the model. A fully connected Neural Network has been used where every neuron of the n-th layer receives as input all the outputs of the (i-1)th layer.

In the present work, the neural network has been developed using a pyramidal approximation. One input layer, several hidden layers with fewer units than the previous one, and an output layer with one single output with binary output that indicates the predicted class [22][23]. The idea is that input attributes were combined and selected through the net to finally get a value that indicates the class. Figure 1 shows the network topology.



Figure 1: Neural network architecture

The activation function aggregates input and generates the output of a single neuron. Rectified Unit (RELU) has been used as the activation function due



to it mitigates vanishing gradient problems during the training phase [24]. In addition, the output layer is implemented by a single sigmoid that generates the binary output of the classifier.

Since the number of hidden layers and neurons is an open problem that has been dealt with using various strategies [23], we have carried out several tests in order to determine the optimal net topology to deal with our problem, as we describe in section 2.3.

Classification accuracy has been used as a cost function, combined with Adam [25] as an optimization algorithm, an evolution of the Stochastic Gradient Descend Algorithm. Both calculate partial derivatives in order to determine whether the weight contributes to the final error and modify it according to the expected and the real output. To determine the optimal epoch number, an experimental setup has been carried out, as it is shown in section 2.3. On top of that, the training set has not been divided into batches because it is not large enough to be worth it.

Considering that the training dataset is quite small, it is reasonable to use a regularization technique to prevent over-fitting. Dropout [26], based on switching of neurons during the training, has been used and some experiments have been carried on determining the best dropout rate.

2.3 Experimental Design

Metrics based on the confusion matrix accuracy, precision, recall and F-Score have been used to determine the performance of the proposed binary classification model. Considering that it is possible to increase precision by diminishing recall and vice versa, we have focused on the F-Score (harmonic mean between precision and recall) to determine the model performance.

In addition, the Area under ROC curve (AUC) metric has been used ROC curve shows the performance of a classification model plotting two parameters: true positive rate and false-positive rate. AUC shows the goodness of a model in the sense that a perfect separation between classes will have a 1 AUC, and the worst model has a 0 AUC value. Note that random classification models will have a 0.5 AUC value as average.

In every set of tests, 80% of examples have been used for training and 20% for tests. In addition, three executions have been carried out and results have been averaged, to reduce the differences due to the randomness of the training process.

Several experiments have been carried out to determine the best model parameters and to compare it with other Machine Learning proposals.

The dataset is imbalanced as we showed in the previous section, so the first experiments set had the goal of determining the best rebalancing methods to cope with it. Three methods have been tested: Random Oversampling, NearMiss and SMOTE+TOMEK.

Several experiments have been carried out to determine the best model and training parameters, tuning the number of neurons per layer, and testing several Dropout rates and the number of epochs to obtain the best training parameters.



After getting the best parameters, the proposed model has been tested against the K Nearest Neighbor and CART algorithm, a Decision Trees based approach that uses the Gini impurity index to train the model [27]. 8 executions of the three models have been carried out to perform a statistical analysis using the Wilcoxon test [28], [29].

The Wilcoxon signed-rank test, also known as the Wilcoxon rank-sum test, is a non-parametric statistical method used to assess the significance of differences between two related datasets. It does not rely on assumptions of normal data distribution. Instead, this test ranks the absolute differences between paired data points and determines whether the sum of ranks of positive differences significantly differs from the sum of ranks of negative differences. It is particularly valuable when dealing with small sample sizes or data that does not adhere to normal distribution assumptions. In our study, we have employed the Wilcoxon test to compare the performance of the proposed model with that of two other algorithms.

2.4 Ethical aspects

All principles contained in both the Declaration of Helsinki and the Belmont report regarding ethical precepts for biomedical research were respected. Therefore, the relatives or legal representatives of the candidates were informed before their inclusion in the study using a Patient Information Sheet (PIS), where the anonymity and confidentiality of the data were emphasized, and they signed the corresponding written informed consent. In this sense, the study has the authorization of all participating centres and the permission of the Andalusian Research Ethics Committee (Act no. 271, ref. 3672, approved on 5 December 2017).

2.5 Implementation

The experimental study has been executed on one desktop PC with Ubuntu 21.04 LTS, Intel Core i7-11700 Processor, 64 GB RAM and one GPU N-Vidia G-FORCE RTX-3080Ti with 64 Gb RAM DDR5. The experiments have been codified in Phyton 3.8. Deep Neural Network Models tested have been developed using Keras Framework version 2.6.0 [30] and TensorFlow version 2.6.2. [31] Rebalancing algorithms from the imbalanced-learn library version 0.90 [32] have been used. Decision Trees CART algorithm and KNN models have been used via SCK-LEARN Library version 0.24.2 [33]. Source code and datasets are available upon reasonable request.

3 Results and discussion

The first objective of the experimental phase has been to determine which data rebalancing technique is the most suitable for preprocessing the clinical data



used as input by the model. Table 1 shows the results after applying the abovementioned three rebalancing techniques.

Considering the performance results, Smote TOMEK and random oversampling have a similar one in the whole evaluation metrics as shown in Table 1. Random Oversampling has better values in accuracy and AUC. This result can be explained because random Oversampling generates more patterns than Smote TOMEK. On the other hand, not using a rebalancing method strategy leads to poor performance in all metrics. Near Miss has a humble evaluation performance compared with the others.

Table 2 shows the number and percentages of examples of each class after rebalancing. Random oversampling does better rebalancing work than Smote TOMEK, in the sense that it generates more examples: Random Oversampling generates 152 training examples while Smote TOMEK generates 140. A good number of examples are necessary to correctly train a Neural Network model, so we can conclude that Random Oversampling is the appropriate rebalancing method for our problem.

| | | Acc. | Prec. Rec. | F-Score | AUC |
|---------------------|-------|-------|--------------|---------|-------|
| Not rebalanced | Train | 0.810 | 0.673 0.690 | 0.698 | 0.862 |
| | Test | 0.583 | 0.503 0.486 | 0.463 | 0.458 |
| Random Oversampling | Train | 0.836 | 0.946 0.813 | 0.871 | 0.929 |
| | Test | 0.730 | 0.753 0.731 | 0.750 | 0.800 |
| Near Miss | Train | 0.893 | 0.850 0.671 | 0.777 | 0.862 |
| | Test | 0.667 | 0.703 0.676 | 0.650 | 0.684 |
| Smote TOMEK | Train | 0.897 | 0.860 0.906 | 0.883 | 0.897 |
| | Test | 0.727 | 0.800 0.786 | 0.786 | 0.865 |

Table 1: Experimental results for rebalancing methods

| | n | Positive | Negative |
|---------------------|-----|----------|-------------|
| Not rebalanced | 100 | 88.89% | $11,\!11\%$ |
| Random Oversampling | 152 | 66.67% | $33{,}33\%$ |
| Near Miss | 48 | 66.67% | $33,\!33\%$ |
| Smote TOMEK | 140 | 86.67% | $13{,}33\%$ |

Table 2: Dataset composition after rebalancing

The identification of the optimal neural network architecture is of significant importance within our study. To achieve this, we conducted experiments with varying structures, altering the number of layers and neurons per layer. Results in terms of accuracy and AUC shown in table 3 are plotted in Figure 2.

The graphic shows that the maximum of both metrics is around 42.000 parameters, so we can conclude that the best topology of the tested ones, cor-

| | Neural | Network | topology | | Trainable Param. | Train | | Test | |
|----------------|------------------------------------|------------------------------------|------------------------------------|-----------------|---------------------|-------|-------|-------|-------|
| Input Layer | 1 st Hidden Layer | 2 nd Hidden Layer | 3 rd Hidden Layer | Output Layer | | Acc. | AUC | Acc. | AUC |
| | | | | | | | | | |
| 750 | 350 | 150 | 75 | 1 | 434151 | 0.897 | 0.926 | 0.667 | 0.741 |
| 500 | 250 | 100 | 50 | 1 | 226951 (| 0.901 | 0.934 | 0.690 | 0.848 |
| 250 | 150 | 75 | 30 | 1 | 87036 | 0.906 | 0.935 | 0.750 | 0.860 |
| 150 | 100 | 50 | 25 | 1 | 42901 | 0.910 | 0.944 | 0.797 | 0.948 |
| 100 | 50 | 25 | 10 | 1 | 20896 | 0.883 | 0.925 | 0.720 | 0.824 |
| 50 | 25 | 10 | - | 1 | 8696 | 0.756 | 0.913 | 0.740 | 0.878 |
| 25 | 10 | - | - | 1 | 3846 | 0.816 | 0.902 | 0.740 | 0.800 |
| 25 | - | - | - | | 3601 | 0.804 | 0.850 | 0.733 | 0.760 |

Table 3: Tested network architectures

responds with an input layer of 150 units, three hidden layers of 100, 50 and 25 units and the output unit. Figure 1 shows a graphical description of the neural network topology.

After establishing the preprocessing steps and defining the network topology, we proceeded to investigate two critical training parameters. Given the limitation of the training dataset, we explored the impact of including a dropout probability in all layers to mitigate overtraining and potentially enhance performance. Additionally, it is recognized the significance of optimizing the model without falling into overtraining pitfalls, making the number of training epochs a crucial parameter to consider.

Table 4 shows that AUC is hardly affected by dropout rates, but both Accuracy and F-Score have their best at about 0.2 dropout rate. In addition, Table 5 shows results compared with the number of epochs, which is graphic in Figure 3 where the performance in the tree metric smoothly decreased from a maximum of around 1000. Those results make us conclude that a dropout rate of 0.2 and 1000 epochs of training are the best training parameters for our model.

| Dropout rate | | Training | | | Test | |
|--------------|-------|----------------|-------|-------|----------------|-------|
| | Acc. | F-Score | AUC | Acc. | F-Score | AUC |
| 0.1 | 0.846 | 0.775 | 0.923 | 0.777 | 0.753 | 0.853 |
| 0.2 | 0.901 | 0.870 | 0.934 | 0.797 | 0.793 | 0.902 |
| 0.3 | 0.796 | 0.701 | 0.915 | 0.727 | 0.703 | 0.847 |
| 0.4 | 0.830 | 0.786 | 0.806 | 0.700 | 0.683 | 0.845 |
| 0.5 | 0.793 | 0.739 | 0.873 | 0.723 | 0.703 | 0.819 |

Table 4: Performance and Dropout



Figure 2: Accuracy and AUC against the number of parameters

| Number of epochs | | Training | | | Test | |
|------------------|-------|----------|-------|-------|---------|-------|
| | Acc. | F-Score | AUC | Acc. | F-Score | AUC |
| 300 | 0.786 | 0.718 | 0.912 | 0.697 | 0.690 | 0.832 |
| 500 | 0.876 | 0.784 | 0.918 | 0.773 | 0.757 | 0.871 |
| 1000 | 0.911 | 0.871 | 0.936 | 0.773 | 0.763 | 0.900 |
| 3000 | 0.894 | 0.872 | 0.909 | 0.700 | 0.730 | 0.861 |
| 5000 | 0.912 | 0.908 | 0.939 | 0.637 | 0.630 | 0.760 |

Table 5: Performance and Number of epochs

The best parameters to run the model are shown in Table 6.

3.1 Comparison with prior work

The proposed model has been compared with the K-Nearest Neighbors (K-nn), a widely-used instance-based learning algorithm, and a Decision Tree model based on the CART algorithm [27], a common choice in tree-based classification methods frequently employed in machine learning. Comparative results are shown in Table 7.

The NN Model achieved an accuracy of 0.795, which is slightly lower than the CART model but higher than K-nn. This suggests that the NN Model is effective in correctly classifying patients with AD. The slight difference in accuracy between the NN Model and CART might be due to the complexity of the neural network, which can capture intricate patterns in the data. K-nn, on



Figure 3: Performance metrics depend on the number of epochs

the other hand, might struggle with high-dimensional data, leading to a lower accuracy.

The F-Score measures the balance between precision and recall, providing a more comprehensive evaluation of the model's performance. The NN Model achieves an F-Score competitive with both CART and KNN. This indicates that the NN Model can effectively identify patients with Alzheimer's disease while maintaining a balance between false positives and false negatives.

AUC assesses the model's ability to distinguish between positive and negative cases. The NN Model outperforms both KNN and CART significantly in terms of AUC. This suggests that the NN Model has a higher discriminatory power and can better separate patients with AD from those without it. This superiority in AUC could be attributed to the deep learning capabilities of the neural network, enabling it to extract and learn intricate features from the clinical data.

It's worth noting that the NN Model exhibits a notably smaller standard deviation compared to KNN and CART across all metrics. This indicates that the NN Model's performance is more consistent and less variable, making it a robust choice for this classification task. The smaller standard deviation suggests that the NN Model is less sensitive to variations in the dataset or training process

The proposed model has been compared using a Wilcoxon test [28] with KNN and CART. Positive and negative ranks obtained in both comparisons are shown in table 8. The test concludes that the developed Neural Network Model is significantly better than KNN in every metric with an alpha less than 0.025. It is also better than CART for AUC with an alpha less than 0.025.

In addition, rank sums indicate that the proposed model has performed

| Parameter | Value |
|--------------------------|------------------------------------|
| Dataset parameter | |
| Rebalance method | Random oversampling |
| Neural Network parameter | |
| Neural Network Topology | 5 layers (150, 100, 50,25,1 units) |
| Activation function | RELU and SIGMOID (output layer) |
| Training parameters | |
| Number of epochs | 1000 |
| Dropout | 0.2 |
| Optimization algorithm | ADAM |
| Cost Function | Accuracy |

| Metric | K-nn | CART | NN Model |
|----------|--------|---------|----------|
| Accuracy | | | |
| Mean | 0.666 | 0.802 | 0.795 |
| stDev | 0.0700 | 0.0565 | 0.0320 |
| F-Score | | | |
| Mean | 0.645 | 0.797 | 0.790 |
| stDev | 0.0709 | 0.05284 | 0.0312 |
| AUC | | | |
| Mean | 0.668 | 0.830 | 0.913 |
| stDev | 0.0688 | 0.0587 | 0.0320 |

 Table 6: Optimal parameters

Table 7: Comparative between proposed model, and others

better in tests than the CART model but there are no significant differences in Accuracy and f-Score.

3.2 Clinical Relevance

Early diagnosis of dementia in the initial stages of the disease is highly relevant given the current absence of an effective treatment [34]. In this context, the creation and subsequent implementation of Deep Learning models, as proposed in this article, can contribute to the identification of patterns indicative of the presence of the disease and, consequently, to the early detection of AD. Specifically, the generation of Deep Learning models using clinical data available in patients' medical records, not limited solely to those strictly related to cognitive function due to their demonstrated utility in previous studies [35], is posited as a promising tool for both diagnosis and subsequent management of AD.

In fact, the ability to use the patient's comprehensive medical history and prescribed pharmacological treatment, data available in medical records, for the



| | KNN | V vs N | leural Network | CAR | T vs | Neural Network |
|---------------------|-----|--------|---|---------------|------|---|
| | R+ | R- | Result | $\mathbf{R}+$ | R- | Result |
| Accuracy F-Score | 0 | 31 | Reject null hypothesis $\alpha = 0.025$ | 9 | 12 | Accept null hypothesis |
| AUC | 0 | 32 | Reject null hypothesis $\alpha = 0.025$ | 15 | 19 | Accept null hypothesis |
| | 0 | 33 | Reject null hypothesis $\alpha = 0.001$ | 0 | 33 | Reject null hypothesis $\alpha = 0.001$ |

Table 8: Wilcoxon test results, knn and CART algorithm compared with NN model

construction of these models should be understood as a strength, particularly because they contain a wealth of valuable and detailed information about a person's health over time, and because, in them, early symptoms and health changes of the patient are recorded, usually preceding more costly or invasive medical procedures. So much so that complementary tests inherent to the dementia diagnostic process, such as neuroimaging tests or plasma determinations, used in other studies where Deep Learning models have been created for AD detection [36, 37, 38], may not be available for all patients or may not be performed with the same frequency [39].

In this sense, the use of Deep Learning models based solely on the data from the clinical history can be used as tools to notify and, therefore, alert the healthcare professional of the need to request complementary tests, such as neuroimaging, for confirmation of the diagnosis. Thus, in accordance with scientific literature, Deep Learning models can also be useful in image recognition, even for predicting the progression of patients in the early stages [40].

In this way, all of this will result in an improvement in diagnostic accuracy since Deep Learning models can learn from complex patterns in longitudinal and diverse data, as is the case with the information contained in medical records, whose combination and joint analysis provide a complete picture of the patient's health. At the same time, their implementation in the real healthcare context can lead to a significant improvement in the quality of care [41].

In addition to their significance in the AD diagnostic process, Deep Learning models can be valuable in identifying previously unidentified risk factors for this neurodegenerative pathology [42]. In this way, they contribute to the understanding of the complex underlying mechanisms of this disease, the aetiology of which is still unknown. An example of this is the creation of models for iden-

tifying individuals with AD based on retinal scans, a test initially performed for the diagnosis or monitoring of eye conditions such as diabetic retinopathy or glaucoma [43].

Based on the above, Deep Learning models can serve as support tools in decision-making for healthcare professionals, as they provide additional information that complements their clinical expertise. Therefore, the collaboration between artificial intelligence and professional experience can lead to more accurate diagnoses and, consequently, more effective AD treatment [44].

On the other hand, in terms of cost-effectiveness, the use of Deep Learning models based on data available in medical records can contribute to controlling healthcare expenses [45]. This allows for the optimization of the patient selection process for complementary tests specific to dementia diagnosis, such as blood tests or magnetic resonance imaging (MRI) scans, thereby alleviating the financial burden on both patients and healthcare systems.

In conclusion, Deep Learning models harness the wealth of information contained within patients' medical histories to mitigate the inherent challenges in the AD diagnostic process. They support healthcare professionals and promote the rational use of resources, making them unquestionably essential tools in modern healthcare.

3.3 Future works

Further investigation could be held to apply Deep Learning models to other clinical situations, like pain in patients who are not able to communicate. In addition, it would be interesting to determine the best procedure to use rebalancing methods with clinical data.

4 Conclusions

In this study, we have developed an Artificial Neural Network tailored to analyze clinical data from patients diagnosed with dementia, with the primary goal of automating Alzheimer's disease (AD) diagnosis. Extensive testing was conducted to fine-tune model parameters, including network topology, neuron count, epochs, and dropout rate. Additionally, we have outlined a procedural framework for constructing similar networks, addressing challenges related to imbalanced data commonly encountered in clinical records.

Our results reveal that the proposed Neural Network Model demonstrates a competitive edge over K-Nearest Neighbors (KNN) and CART, exhibiting a significant advantage in terms of Area Under the Curve (AUC) and lower performance variability. The model's deep learning capabilities exhibit remarkable efficacy in capturing intricate clinical data patterns, underscoring its promise as a valuable tool for AD and dementia diagnosis.

In summary, our research represents a significant advancement in the early detection of dementia, particularly Alzheimer's disease, a critical healthcare concern. By leveraging Deep Learning models and comprehensive medical records,



we have demonstrated their potential to discern subtle disease patterns, facilitating early detection. These models not only serve as invaluable aids to healthcare professionals but also contribute to optimizing resource allocation, ultimately enhancing diagnostic accuracy and the quality of care. The application of Deep Learning in medical diagnostics holds transformative potential, offering a path to improved patient outcomes and a more efficient healthcare system.

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Declaration of Competing Interest

All the authors declare that they have no competing interests.

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Appendix I. Description of variables

| Sociodemograph | ic data |
|---|----------------------------|
| Gender | |
| Age Marital status | Clinical history |
| Usual place of residence (rural/urban) | |
| Health varial | ples |
| Diagnosis of dementia | |
| All prescribed pharmacological treat- | Clinical history |
| ment | |
| Medical history: type 2 diabetes melli- | |
| tus, high blood pressure, dyslipidemia, | |
| anxiety, depression and in case of de- | |
| osteoporosis osteoarthritis atrial fib- | · |
| rillation, pacemakers, chronic anaemia. | |
| epilepsy, Parkinson's disease and glau- | |
| coma. | |
| Cognitive impairment | Global Deterioration Scale |
| Autonomy in activities of daily living | Barthel Index |

Table 9: Description of variables

Highlights

- A Deep Learning model to classify Alzheimer patients from clinical data has been developed.
- Model has, better results than other well-established machine learning techniques.
- Several rebalancing methods have been used to preprocess clinical datasets
- The developed Neural Network Model can be an accurate assisting tool for Alzheimer Disease diagnosis

Declaration of Competing Interest

All the authors declare that they have no competing interests.